Transfer → Sitting → Standing → Standing/raising → Walking

Patient transfer out of bed

When lateral and seated transfers out of bed are required, a range of patient handling equipment options are available to help the caregiver.

Lateral Transfers

When a transfer out of bed in a supine position is required, e.g. onto a stretcher chair, tilt table or a multi-position aid like Sara Combilizer[®], a lateral transfer aid or a patient lift system can be used.



Maxi Slides®

- Sliding sheets made from a strong, ultra low friction material with excellent gliding properties in both directions.
- A choice of single patient use Maxi Slide™ Flites or washable, reusable Maxi Slides™ help caregivers with everyday patient repositioning.

Maxi Air®

- Single patient use air assisted mattress system for lateral transfers.
- The system includes a perforated inflatable mattress and an air supply pump.
- The perforated underside of the mattress enables air to flow through the mattress to create a cushion that helps lighten static load, reducing the push-pull forces and allowing the patient to be transferred comfortably and securely.



Seated Transfers

If the patient is ready for more active transfers out of bed, this may involve utilising equipment such as a patient lift system initially, until assisted standing transfers to the chair can be achieved. Appropriate transfer equipment and seating is fundamental to meet this aim and ensure patients at varying levels can sit out safely. The effort of rolling side-to side and upright positioning during transfer can make this a slightly more active transfer than used with the stretcher chair / Sara Combilizer. Patient transfers require careful consideration of logistics due to the multiple line and attachments often seen in ICU patients. Seated transfers are useful for more challenging patients to help reduce the risk of caregiver injury.

This is an extract from the Arjo "Clinical Evidence Summary ICU Early Mobility Solutions" Brochure

www.arjo.com





Maxi Sky 2 / MaxiMove®

- Maxi Sky 2 ceiling lift and MaxiMove floor lifter.
- Seated transfers and lateral transfers with a variety of spreader bars and Arjo slings specific to the needs of the patient.
- Maxi Sky 2 can be used for walking and stepping practice with walking slings protecting the patient from falls during such activities.
- Appropriate sling selection matching the assessment of Patient Readiness/Safety is fundamental to ensure patients at varying levels are transferred safely.

Maxi Transfer Sheet

- Used together with Maxi Sky 2 or Maxi Move.
- The dual purpose Maxi Transfer Sheet is designed to replace the hospital bed sheet.
- Combining the benefits of a transfer sling for lateral transfer, and the functionality of bed linen, with soft breathable fabric construction, Maxi Transfer Sheet can remain in place under the patient in between transfers.



12 ICU EARLY MOBILITY SOLUTIONS 13