

INSTRUCTIONS FOR USE

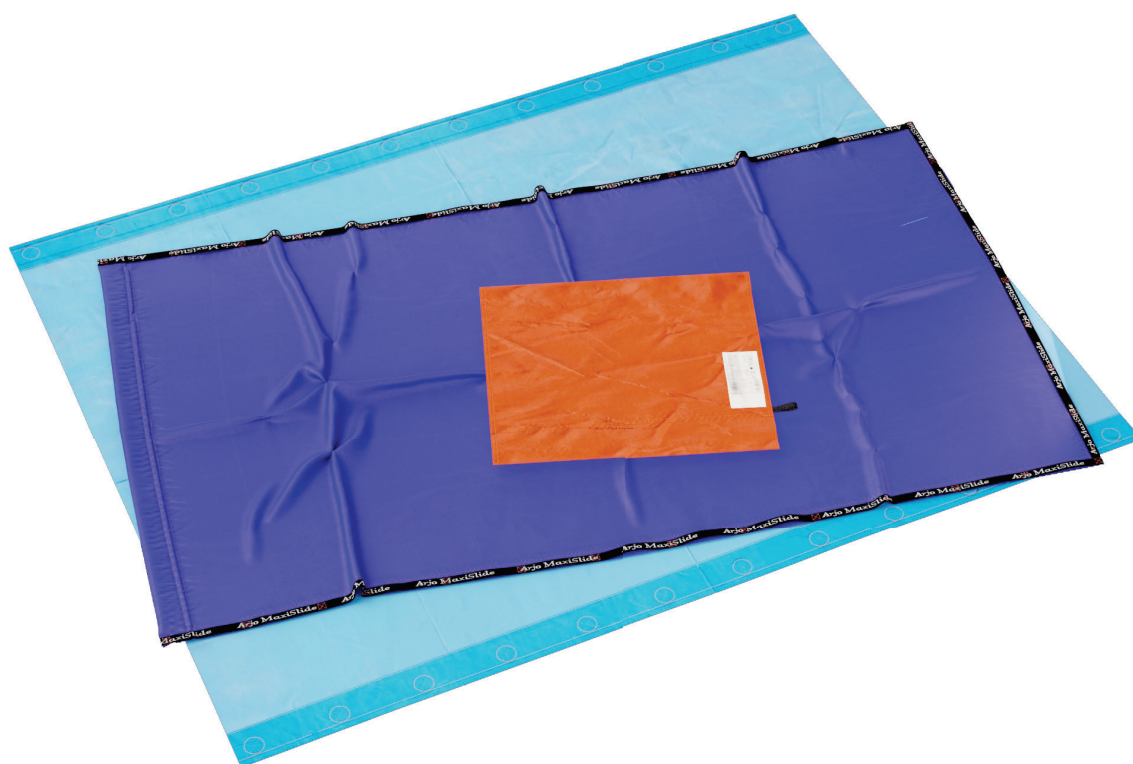
MaxiSlides

MaxiSlide Sheets

MaxiTube

MaxiSlide Sheets Flites

MaxiTube Flites





WARNING

To avoid injury, always read this Instructions For Use and accompanied documents before using the product.



Mandatory to read the Instructions For Use.

Design Policy and Copyright

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Foreword

Thank you for purchasing Arjo equipment.

Customer contact information

For questions regarding this product, supplies, maintenance, or additional information about Arjo products and service, please contact Arjo or an authorized Arjo representative, or visit www.arjo.com.

Please read and fully understand the Instructions for Use (IFU) before using the MaxiSlide® Sheets, MaxiTube®, *MaxiSlide Sheets Flites* and *MaxiTube Flites*

Information in this IFU is necessary to perform the proper operation and maintenance of the equipment. It will help to protect your product and make sure that the equipment performs to your satisfaction. The information in this IFU is important for your safety and must be read and understood to help prevent possible injury. Unauthorized modifications on any Arjo equipment can affect safety. Arjo will not be held responsible for any accidents, incidents or lack of performance that occur as a result of any unauthorized modification to its products.

Support

If you require further information, please contact your local Arjo representative. The telephone numbers appear on the last page of this IFU.

If a serious incident occurs in relation to this medical device, affecting the user, or the patient, then the user or patient should report the serious incident to the medical device manufacturer or the distributor. In the European Union, the user should also report the serious incident to the Competent Authority in the member state where they are located.

Definitions in this IFU



Warning means: Safety warning. Failure to understand and obey this warning may result in injury to you or to others.

CAUTION

Caution means: Failure to follow these instructions may cause damage to all or parts of the system or equipment.

NOTE

Note means: This is important information for the correct use of this system or equipment.

Intended use

The Arjo *MaxiSlide* Sheets, *MaxiTubes*, *MaxiSlide* Sheets Flites, and *MaxiTube* Flites are sliding aids with ultra-low friction properties intended to support caregivers in transferring, moving and positioning in hospital environments, nursing homes, home care settings including private homes, or other healthcare facilities.

The *MaxiSlide* Sheets Flites and *MaxiTubes* Flites are disposable and for single patient use only.

The sliding aids shall only be used by appropriately trained caregivers with adequate knowledge of the care environment, its common practices and procedures, and according to instructions in the Instructions for Use (IFU). Caregivers must consult their local safe patient/resident handling policy for agreed safe practices for use of sliding aids. Sliding aids should never be used as lifting devices. Due to the low friction properties, it is not recommended to leave sliding aids underneath the patient/resident.

Patient/Resident assessment

It is recommended that facilities establish regular assessment routines. A qualified nurse or therapist shall assess each patient/resident prior to using the sliding aids.

A proper assessment of the patient/resident should decide which sliding aid to use. Guidelines on the types and sizes of the products and repositioning techniques are found in the IFU.

Installation requirements

Potential caregiver must read and understand the IFU before using the sliding aids.

Expected service life

The operational life of the sliding aids depends on the circumstances in which it is used. Before each use, the products should be inspected for signs of wear, fraying, tearing and other damages. If any wear or damage is observed, do not use the product.

***MaxiSlide* Sheets and *MaxiTubes*:**

The expected service life of *MaxiSlide* Sheets and *MaxiTubes* is the maximum period of useful life.

The caregiver should make sure that *MaxiSlide* Sheets and *MaxiTubes* are cleaned according to “Cleaning and Disinfection” section of the IFU, when it is soiled or stained and between patients.

***MaxiSlide* Sheets Flites, and *MaxiTube* Flites:**

The expected service life of *MaxiSlide* Sheets Flites, and *MaxiTube* Flites is the maximum period of useful life and/or end of using by one patient.

If the Flites sliding aids have been soiled, subjected to liquids, or washed, these must be discarded. Ensure the green washing tag is intact and if dissolved, discard the sliding aid.

Safety instructions



WARNING

The sliding aid should only be used by appropriately trained staff.



WARNING

Never leave the patient laying on the sliding aid unattended.



WARNING

For safety reasons, always make sure that there is a caregiver on both sides of the support surface during boosting and lateral transfers.



WARNING

Transfer/reposition the patient with caution. Perform the movement at a controlled pace.



WARNING

Remove the sliding aid from under the patient once the transfer/repositioning has been performed.



WARNING

The sliding aid is not designed for lifting and must not be used as a lifting aid.



WARNING

Always engage the brakes when transferring from bed to bench / trolley / wheel chair / commode chair and vice versa.



WARNING

The transfer / support surface should be adjusted to its ergonomically correct height for the caregiver during the manoeuvre.



WARNING

After the transfer/repositioning, the side rails should be put back into position and the surface should be lowered.



WARNING

Do not leave the sliding aid on the floor or any other surface since it is extremely slippery and accidents could occur.



WARNING

Store away from children.



WARNING

Please check each sliding aid before and after every use.

CAUTION

The Flites sliding aids are a patient specific disposable sliding aids. If torn or damaged, soiled, washed or subjected to any liquids, it must be disposed of. It must not be disinfected for re-use.

Using sliding aids

The techniques shown in this IFU are examples of the latest ergonomically correct patient handling manoeuvres, based on sound biomechanical principles and safe utilization. Caregivers should consult their local safe patient/resident handling policy for agreed safe practices for use of sliding aids before using Arjo sliding aids. Other techniques, different from the examples shown in this IFU such as repositioning in the bed, can be used if the local safe patient/resident handling policy allows it.

Once removed from the box, it is advised to mark each Flites sliding aid with a patient identifier and the date of first use to ensure the product is used with its intended patient.

In addition to the patient assessment, always make an assessment of the type of transfer to make sure that the correct size and type of sliding aid is chosen. The number of caregivers and which transfer/repositioning technique to use should be determined by the patient's condition and what movement is to be performed. Arjo recommends to be at least two caregivers because of safety reasons.

If a patient's medical mobility level allows, the patient is encouraged to assist the movement by using their arms, legs etc. This is to reduce the load on the caregivers and motivate the patient to use their muscles.

Two different techniques for applying the sliding aid under the patient are described in this IFU:

- The unravelling technique
- The log-roll technique

Due to their medical conditions, some patients who are unable to assist are not suitable for log-rolling. In these cases, the unravelling technique is a more appropriate way to apply a sliding aid.

If a pressure mattress is used, gently push down to assist fitting the sliding aid underneath the patient. You may also find it helpful to set the mattress pressure to a firm setting for the procedure.

Arjo recommends that pushing actions are carried out with the transfer surfaced raised to ensure controlled movements and to allow the caregiver to profit from their leg muscles. Pulling should be carried out with the transfer surface lowered, and with the elbows straight to avoid overuse of shoulders and to allow use of the leg muscles to achieve movement. Adjust the transfer surface according to the action being performed.

To facilitate lateral transfer, position the receiving surface slightly lower than the surface where the transfer starts from. Choose a sliding aid which will cover the transfer distance. Unless a risk assessment states otherwise, Arjo recommends to use a firm flat supine transfer board to bridge a potential gap between the two surfaces and prevent patient entrapment or fall between the surfaces.

Lateral transfer with a tubular sliding aid can be done with or without a draw sheet. The advantage of a transfer with a tubular sliding aid and a draw sheet is the participation of both caregivers in the actual transfer, one pushing and the other one pulling. After initiating the push, the length of the draw sheet provides additional reach for the caregiver on the receiving side to pull.

For lateral transfers with sliding sheets, Arjo advises the use of pull straps which can be connected to the handles on the sliding sheets to prevent the caregiver leaning over the receiving surface and overreach for the slide sheet handles.

Repositioning/boosting of the patient can be performed both with and without a draw sheet together with the sliding aid. For patient comfort, we recommend that the patient's head is placed on a pillow.

Two different techniques for removing the sliding aid from under the patient are described in this IFU:

- Removing while the patient remains in a supine position
- Removing using a log-roll technique

Sliding aid selection

TYPE	ARTICLE NUMBER	SIZE	PRODUCT DESCRIPTION
Flites	NPA0700	Length: 196 cm / 77" Width: 75 cm / 30"	<i>MaxiTube</i> Flites 30" (Disposable and Patient Specific)
	NPA0750	Length: 196 cm / 77" Width: 115 cm / 45"	<i>MaxiTube</i> Flites 45" (Disposable and Patient Specific)
	NPA0900	Length: 98 cm / 39" width: 98 cm / 39"	<i>MaxiTube</i> Flites 39" (Disposable and Patient Specific)
	NPA0500	Length: 196 cm / 77" Width: 76 cm / 30"	<i>MaxiSlide</i> Sheet Flites 30" (Disposable and Patient Specific)
	NPAV5000	Length: 196 cm / 77" Width: 152 cm / 60"	<i>MaxiSlide</i> Sheet Flites 60" (Disposable and Patient Specific)
	NPAV5260	Length: 196 cm / 77" Width: 114 cm / 45"	<i>MaxiSlide</i> Sheet Flites 45" (Disposable and Patient Specific)
Machine Washable	NSA0500	Length: 173 cm / 68" Width: 73 cm / 28.75"	<i>MaxiSlide</i> Sheet
	NSAV5000	Length: 173 cm / 68" Width: 146 cm / 57.5"	<i>MaxiSlide</i> Sheet XXL
	NSAV5260	Length: 173 cm / 68" Width: 109.5 cm / 43"	<i>MaxiSlide</i> Sheet XL
	NSAV5310	Length: 200 cm / 78.75" Width: 84 cm / 33"	<i>MaxiSlide</i> Sheet Long
	NSAV5320	Length: 200 cm / 78.75" Width: 109.5 cm / 43"	<i>MaxiSlide</i> Sheet Long XL
	NSAV5330	Length: 200 cm / 78.75" Width: 146 cm / 57.5"	<i>MaxiSlide</i> Sheet Long XXL
	NSAV5060	Length: 67 cm / 26" Width: 58 cm / 23"	<i>MaxiTube</i> Radiology
	NSA0600	Length: 58.5 cm / 23" Width: 68 cm / 26.8"	<i>MaxiTube</i>
	NSA0700	Length: 196 cm / 77" Width: 68 cm / 26.8"	MaxiTransfer®
	NSA0800	Length: 210 cm / 82.66" Width: 90 cm / 35.4"	MaxiRoll
	NSA0900	Length: 110 cm / 43.33" Width: 110 cm / 43.33"	MaxiMini

Applying sliding aids



Figure 1

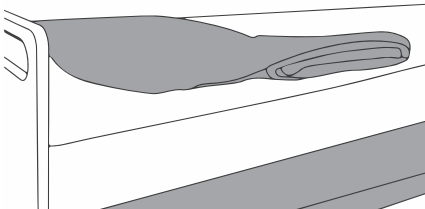


Figure 2

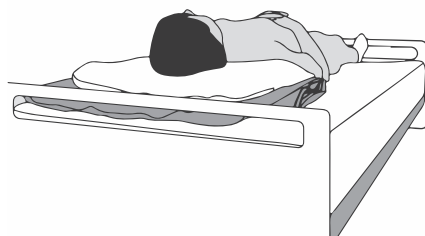


Figure 3



Figure 4

The unravelling/unfolding technique (8 Steps)

If using a draw sheet, this technique can be used by placing the sliding aid between the draw sheet and the transfer surface.

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. Fold the sliding aid in approximately 20 cm / 8 in. folds. **(See Figure 1)**

NOTE

Fold the two *MaxiSlide* sheets together, on top of each other.

Make sure the closed side of the *MaxiTube* is in the direction of the movement.

3. Turn the folded sliding aid over, so the folded side is closest to the transfer surface. **(See Figure 2)**
4. Place the folded sliding aid under the patient's head and pillow to unravel from head to feet. **(See Figure 3)**
5. Hold the top end of the sliding aid with your outside hand to secure the sliding aid in position.
6. Use clear commands and simultaneously unfold the sliding aid in stages - one fold at a time - with your inside hand while keeping the back of the hand in contact with the support surface. Do not pull upwards. **(See Figure 4).**
7. Unfold the folds by pulling slightly outwards away from the patient as flat and stretched out as possible to avoid wrinkles causing friction or shear.
8. Pull and straighten out the sliding aid, and draw sheet, as needed.

The log-roll technique without a draw sheet

(9 Steps)

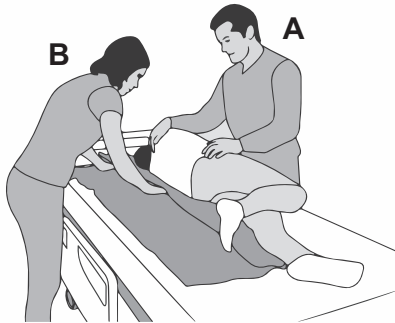


Figure 5

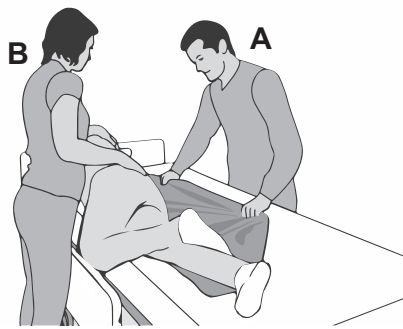


Figure 6

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. (Caregiver B) Bend the patient's knee and tell the patient to cross their arms over their chest if they are able to.
3. (Caregiver A) Place your hands on the patient's thigh and shoulder.
4. (Caregiver A) Roll the patient towards you.
5. (Caregiver B) Place the sliding aid under the patient. **(See Figure 5)** With shorter sliding aids, place the sliding aid under the body part that is being adjusted.
6. (Caregiver A) Roll the patient back gently onto the sliding aid into a supine position.
7. (Caregiver B) Roll the patient towards the other side.
8. (Caregiver A) Unravel the sliding aid from under the patient to make sure that it is placed under the whole patient and straighten it out. **(See Figure 6)**
9. (Caregiver A) Roll the patient back gently into a supine position.

The log-roll technique with a draw sheet

(11 Steps)

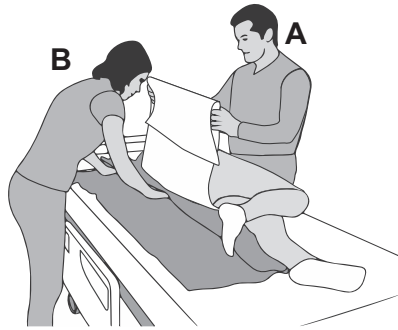


Figure 7

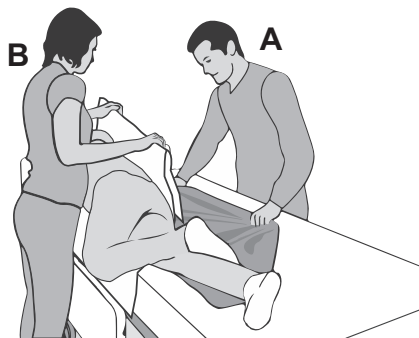


Figure 8

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. (Caregiver B) Bend the patient's knee and tell the patient to cross their arms over their chest if they are able to.
3. (Caregiver A) Place your hands on the patient's thigh and shoulder.
4. (Caregiver A) Roll the patient towards you.
5. (Caregiver A) Support the patient laying on the side using the draw sheet.
6. (Caregiver B) Place the sliding aid under the patient, between the draw sheet and the transfer surface. **(See Figure 7)** With shorter sliding aids, place the sliding aid under the body part that is being adjusted.
7. (Caregiver A) Roll the patient back gently onto the sliding aid into a supine position.
8. (Caregiver B) Roll the patient towards the other side.
9. (Caregiver B) Support the patient laying on the side using the draw sheet.
10. (Caregiver A) Unravel the sliding aid from under the patient to make sure that it is placed under the whole patient and straighten it out. **(See Figure 8)**
11. (Caregiver A) Roll the patient back gently into a supine position.

Lateral transfer



Figure 9

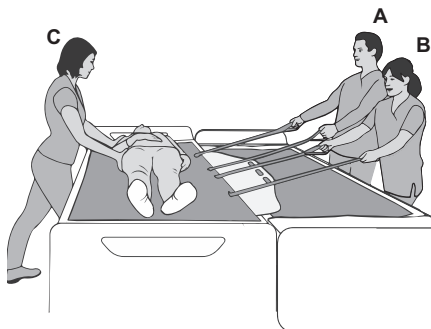


Figure 10

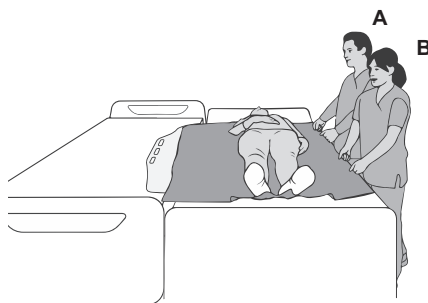


Figure 11

Lateral transfer with *MaxiSlide Sheet* and pull straps (8 Steps)

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. Make sure the patient is laying properly on the sliding sheet. Place an extra sliding aid on the receiving surface to reduce friction, unless risk assessed otherwise.

NOTE

A tubular sliding aid can be added underneath the patient's feet to prevent friction or shear injury. Place the closed side of the tube in the same direction as the movement.

3. Attach four pull straps, equally distributed along the sliding sheet, to the sewn-in handles.
4. Place the receiving surface close to the transfer surface and lock the castors. Make sure the receiving surface is slightly lower than the transfer surface.
5. (If used) Place a flat, firm transfer board to bridge the gap between the two surfaces. Roll the patient gently using the sliding sheets to fit the transfer board underneath the patient.
6. (Caregivers A and B) Grip the pull straps and take a walk stance. Start moving the patient slowly with the help of the caregiver on the opposite side. **(See Figure 10)**
7. (Caregiver C) Push the patient gently simultaneously as the caregivers on opposite side pull the patient.
8. Make sure the patient is placed on the centre of the receiving surface. **(See Figure 11)**
9. Remove the sliding sheets according to approved removal techniques.



Figure 12

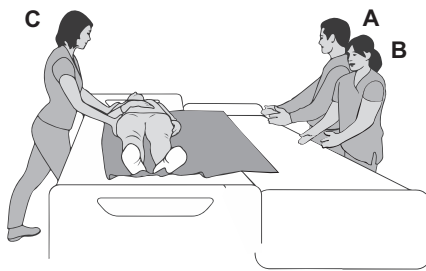


Figure 13

Lateral transfer with *MaxiTube* (8 Steps)

1. Place the receiving surface close to the transfer surface and lock the castors. Make sure the receiving surface is slightly lower than the transfer surface.
2. Make sure that the castors of both transfer surfaces are solidly locked.
3. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
4. (Caregiver C) Place your hands on the patient's shoulder and thigh to distribute pressure
5. (Caregiver C) Initiate the transfer by slowly pushing the patient away from you, using your body weight. (**See Figure 13**) Take care not to overstretch.
6. (Caregivers A and B) Secure the transfer by standing on the receiving side.
7. Make sure that the head of the patient slides along safely and comfortably.
8. Remove the sliding sheets according to approved removal techniques.

Lateral transfer with *MaxiTube* and draw sheet (8 Steps)

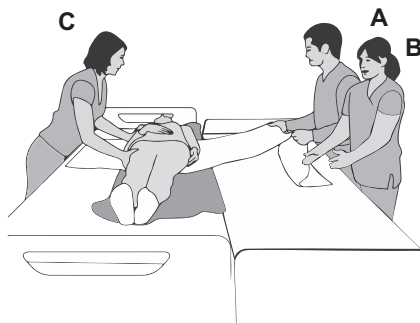


Figure 14

1. Place the receiving surface close to the transfer surface and lock the castors. Make sure the receiving surface is slightly lower than the transfer surface.
2. Make sure that the castors of both transfer surfaces are solidly locked.
3. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
4. (Caregiver C) Place your hands on the patient's shoulder and thigh to distribute pressure
5. (Caregiver C) Initiate the transfer by slowly pushing the patient away from you, using your body weight. Take care not to overstretch.
6. (Caregivers A and B) Simultaneously pull the draw sheet and secure the transfer by standing at the receiving side. (**See Figure 14**)
7. Make sure that the head of the patient slides along safely and comfortably.
8. Remove the sliding sheets according to approved removal techniques.

Removing sliding aids



Figure 15

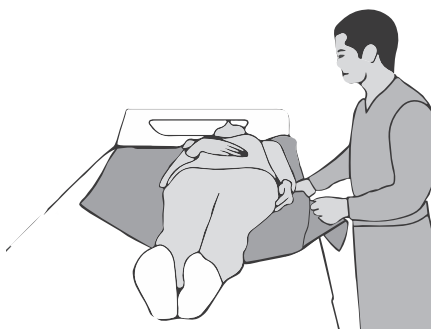


Figure 16

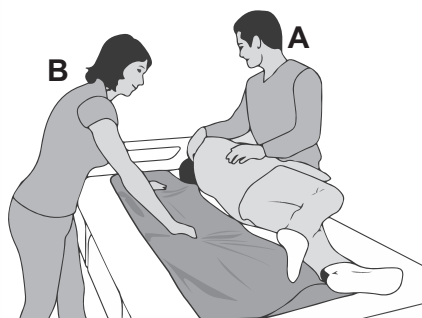


Figure 17

Removing while the patient remains in a supine position (5 Steps)

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. Put one arm underneath the patient's knees or ankles. Reach for the lower corner of the sliding aid and turn it under itself. **(See Figure 15)**

NOTE

It is possible to pull both sliding sheets at the same time.

3. Grip the corner of the sliding aid and pull it towards you in the direction of the head end.
4. Pull the sliding aid in a steady movement close to the surface by shifting your weight from your front leg to your back leg. Pick up the slack in the fabric, if necessary, by doing 'hand over hand' until there is an even force with your arms outstretched. **(See Figure 16)**
5. Repeat this action until the sliding aid has been removed from under the patient.

Removing using a log-roll (7 Steps)

1. Adjust the bed into an appropriate height for the caregivers, avoiding the need to overstretch.
2. (Caregiver A) Push the sliding aid in underneath the patient.
3. (Caregiver B) Bend the patient's knee and tell the patient to cross their arms over their chest if they are able to.
4. (Caregiver A) Place your hands on the patient's thigh and shoulder.
5. (Caregiver A) Roll the patient towards you.
6. (Caregiver B) Remove the sliding sheet from underneath the patient slowly and close to the transfer surface. **(See Figure 17)**
7. (Caregiver A) Roll the patient back gently into a supine position.

Cleaning and disinfection

All sliding aids, except the Flites, should be cleaned when they are soiled or stained and between patients.

Flites - Do NOT wash

CAUTION

Do NOT wash Flites. Flites are only intended for “single patient use”.

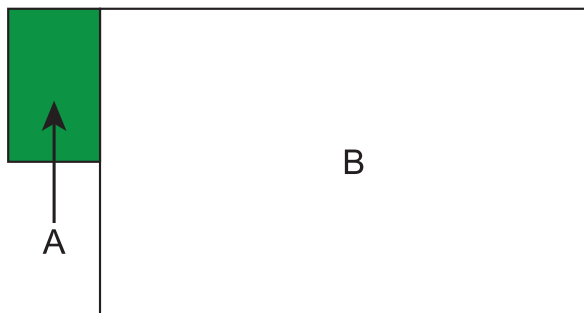


Figure 18

Do not wet wipe, wash, disinfect, or soil the Flites sliding aid. If the sliding aid has been subjected to any such treatment, it must be discarded.

A visible and intact water dissolving label indicates that the sliding aid has not been subjected to washing. If you are uncertain whether your Flites sliding aid has been washed or not, check that the green, water dissolving label (**A**) stitched to the sliding aid on the left side of the care label (**B**), is intact. (**See Figure 18**) If the label (**A**) is completely or partially dissolved, the sliding aid must be discarded.

Machine washable sliding aids

The *MaxiSlide* Sheet and *MaxiTube* can be wiped clean using either a chlorine based solution (up to 10,000 ppm), or an alcohol based solution (up to 70%). No disinfection is allowed.

In addition they can be washed at a maximum temperature of 80°C (176°F), and drip dried.

To avoid damage

- do NOT wash with other items that have rough surfaces or sharp objects
- do NOT use any mechanical pressure, pressing, or rolling during the washing and drying process
- do NOT use bleach
- do NOT use gas sterilization
- do NOT use autoclave
- do NOT dry clean
- do NOT steam
- do NOT iron

Care and preventive maintenance

Before and after every use

The caregiver shall visually inspect the sliding aid before and after every use. The complete sliding aid should be checked for all deviations listed below. If any of these deviations are visible, replace the sliding aid immediately:

- Fraying
- Loose stitching/delamination
- Cracks
- Tears
- Holes
- Discolouration or stains from bleaching
- Unreadable or damaged label/print
- For Flites: make sure the care label is intact.
- For Flites: soiled or stained sliding aid.

Storage

When not in use, the sliding aids should be stored away from direct sunlight where they are not subject to unnecessary strain, stress, pressure, or to excessive heat or humidity. The sliding aids should be kept away from sharp edges, corrosives or other things that could cause damage on the sliding aids.

Do not leave the sliding aids on the floor to prevent slipping.

Technical specification






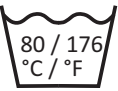












MATERIAL SPECIFICATION		
Flites sliding aids		
Material Description	The Flites sliding aid is made of a non-woven fabric, coated with silicone. All materials used in the sliding aid comply with established biocompatibility standards and have been tested accordingly (ISO10993)	
Fibre Content	Body material: 85% polypropylene 15% polyethylene Coating: Silicone	
Washable sliding aids		
Material Description	The washable sliding aid is made of woven nylon fabric All materials used in the sliding aid comply with established biocompatibility standards and have been tested accordingly (ISO10993)	
Fibre Content	Body material: 100% Nylon Straps and threads: 100% Polyester	
OPERATING, TRANSPORT AND STORAGE ENVIRONMENT		
	MaxiSlide Sheets and MaxiTube	MaxiSlide Sheets Flites and MaxiTube Flites
Temperature	+15°C to +40°C (+59°F to +104°F) Operating +5° to +30°C (41°F to 86°F) Storage -10°C to +55°C (14°F to +131°F) Transport	+15°C to +40°C (+59°F to +104°F) Operating +5°C to +30°C (41°F to 86°F) Storage -10°C to +55°C (14°F to +131°F) Transport
Humidity	Max 75% at +18-25°C (64-77°F) Operating Max 80% at +25°C (77°F) Transport and Storage	Max 75% at +18-25°C (64-77°F) Operating Max 60% at +20°C (68°F) Transport Max 60% at +18-25°C (64-77°F) Storage
END OF LIFE DISPOSAL		
Packaging	The box consists of cardboard, recyclable to local legislations. The bag consists of soft plastic, recyclable to local legislations.	
Sliding aid	Sliding aids including textiles or polymers or plastic materials etc. should be sorted as combustible waste.	

Parts and accessories

KITS			
Kit number	Included parts	Kit number	Included parts
NSA0510	8x <i>MaxiSlide</i> pull straps	NAS1500	2x NSAV5330
NSA1000	2x NSA0500 + 1x NSA0600	NSA2000	2x NSA0500
NSA1100	2x NSAV5310 + 1x NSA600	NSA3000	2x NSA0700
NSA1200	2x NSAV5310	NSA4000	100x NSA0500
NSA1300	100x NSAV5310	NSA6000	2x NSAV5260
NSA1400	2x NSAV5320	NSA7000	2x NSAV5000
NPA0510	30x <i>MaxiSlide</i> Flites pull straps		

Labels on sliding aids

LABEL EXPLANATION	
Product label	States technical performance and requirements.
Serial number label	States the product identification
PP	Polypropylene
PE	Polyethylene

SYMBOL EXPLANATION	
	Do not bleach
	Do not tumble dry
	Do not iron
	Do not dry clean
	Do not wash
	Wash in Max. 80°C (176°F)
	Only on Flites (Disposable and patient specific)
	Safe Working Load (SWL)
	Patient identifier symbol
	The operator must read this document (Instructions for Use) before use.
	Indicates the product is a Medical Device according to EU Medical Device Regulation 2017/745
	CE marking indicating conformity with European Community harmonised legislation
	Manufacturer: This symbol is accompanied by the name and the address of the manufacturer.
	Date of manufacturer: Indicates the date when the medical device was manufactured.
	Serial Number
	Model Number
	Lot Number
	Record Symbol

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At Arjo, we are committed to improving the everyday lives of people affected by reduced mobility and age-related health challenges. With products and solutions that ensure ergonomic patient handling, personal hygiene, disinfection, diagnostics, and the effective prevention of pressure ulcers and venous thromboembolism, we help professionals across care environments to continually raise the standard of safe and dignified care. Everything we do, we do with people in mind.



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