



ARJO HYGIENE AND WELLNESS SOLUTIONS

# Tailored solutions for assisted bathing and showering

# Assisted bathing and showering

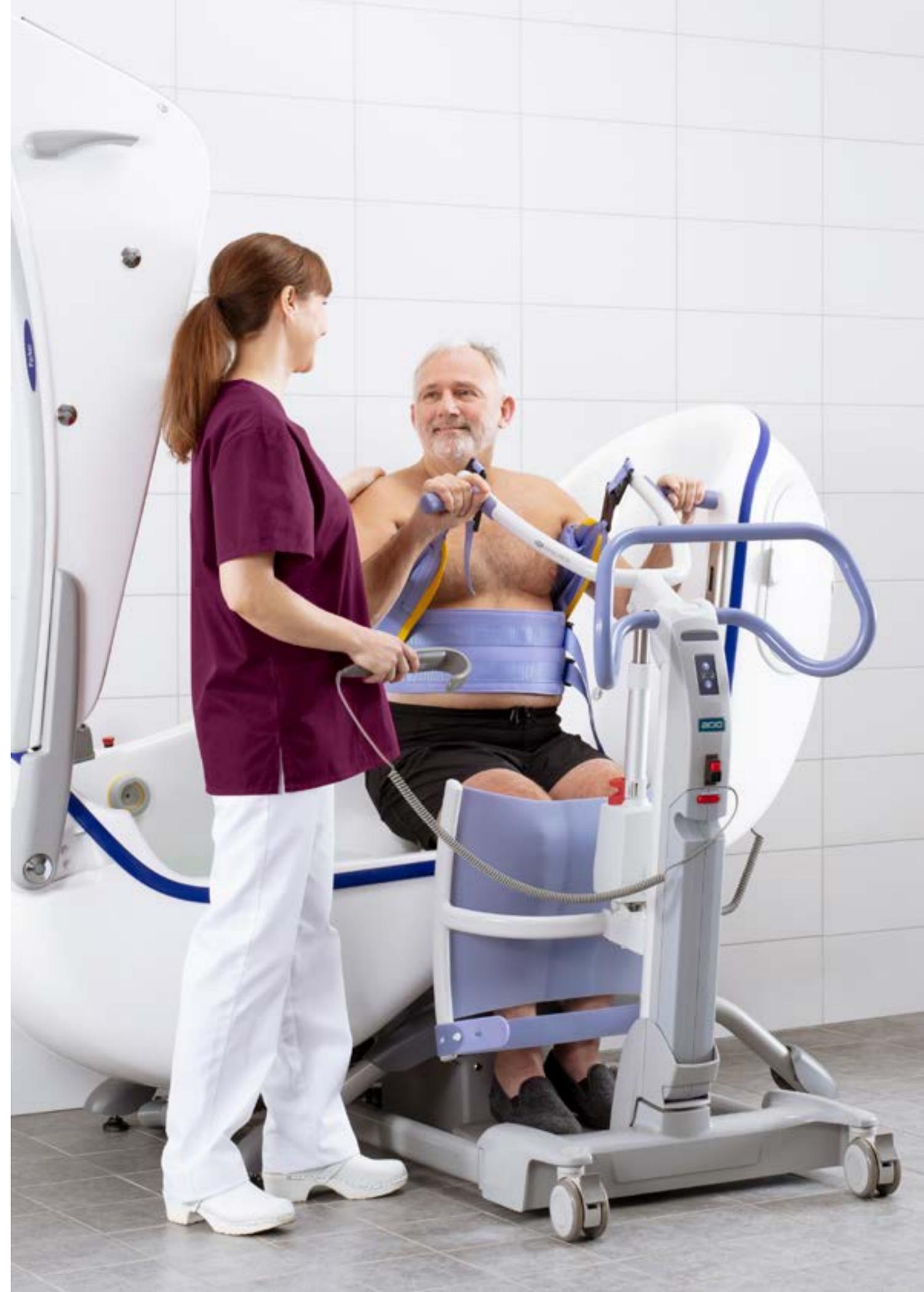
Arjo integrated hygiene & wellness solutions enable you to provide comfortable hygiene and wellness routines that can be tailored to the unique needs of your patients and residents, helping you improve well-being and efficiency in your care environment.

Successfully meeting the hygiene needs of residents and patients in both acute and long-term care is not without significant challenges. Of all handling tasks, hygiene care is considered among the most high-risk.

At Arjo, we believe bathing and showering should be calming and sensory experiences that promote well-being and improve quality of life for residents and patients. Our solutions are specifically designed to help you deliver one-to-one care that is beneficial for your residents and patients, and safe and efficient for caregivers.

## Arjo hygiene solutions are designed to help you:

- Carry out daily hygiene tasks efficiently and require as few transfers as possible
- Promote a dignified experience that is calming and therapeutic for the patient or resident
- Offer flexibility to meet a wide spectrum of resident and patient needs
- Be carried out by a single carer, and enable them to maintain a comfortable working position throughout the task



# Understanding the needs of different mobility levels

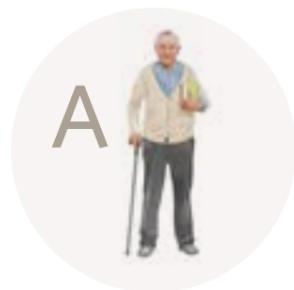
Understanding the unique needs of individual residents and patients is key to providing quality hygiene and wellness care.

Arjo has developed the Mobility Gallery™, an assessment and communication tool that helps you find the right hygiene solution depending on a resident or patient's specific mobility levels as well as their personal preference, as indicated in the scale below.



## Albert

Who is ambulatory and independent.



## Barbara

Who can support herself to some degree.



## Carl

Who has some trunk stability and can actively contribute during assisted transfers.



## Doris

Who can sit up with support and requires full assistance with daily transfers and repositioning.



## Emma

Who is most often in bed and requires assistance for all personal care and transfers.



All Arjo hygiene and wellness solutions are categorised according to this scale, aligned to the resident and patient for which they are most suitable.

# Assisted showering

Hygiene needs differ significantly across care settings, and need to consider a wide spectrum of physical and cognitive capabilities of your patient or resident population. Our assisted showering solutions are designed to allow you to work in an ergonomically sound position while supporting a beneficial and rewarding one-to-one interaction with your patient or resident.



No two patients or residents are the same, and individual needs and preferences may vary from day to day. Arjo showering solutions are designed to facilitate efficient hygiene routines that can be flexibly tailored to meet the unique needs of each patient or resident.

## Carino®

A height-adjustable hygiene chair for everyday assisted hygiene tasks such as washing and toileting. Features a patented curved frame and swing-away leg rests.



Designed with Barbara and Carl in mind



## Carendo®

A multipurpose hygiene chair, Carendo is height-adjustable to help you achieve a comfortable working position, and features the Care Raiser function which enables access to the resident's lower body to perform discreet hygiene tasks.

### CARE RAISER FUNCTION



Designed with Carl and Doris in mind



## Carevo®

Designed for residents who need to remain in a lying position, the Carevo shower trolley offers patented features such as the Flexi Zone which is designed to enhance comfort, as well as flexible Ergo-Access areas which allow you to work closer to your resident and reduce static load.

### FLEXI ZONE SURFACE ERGO ACCESS AREA



Designed with Emma in mind



# Assisted bathing and transfer solutions

Bathing promotes a sense of well-being for residents and patients and can enhance quality of life, which is why our range of hygiene and wellness solutions are designed with flexibility in mind, ensuring all residents and patients can experience the therapeutic benefits of bathing. Our bathing solutions are fully integrated with a wide range of mobility and lifting aids, allowing you to transport residents and patients from bed or wheelchair into the bath – and back again – in one seamless routine.



## Lifters for assisted bathing

Our range of bath lifters are designed to be managed by a single caregiver, reducing the number of transfers without the need for manual lifting.

You can select your bath lifter or other transfer device depending on the mobility level of your resident or patient and their preferred way of bathing: sitting, reclining or recumbent.

Arjo bath lifters are fully compatible with baths from System 2000\*, while sling bathing (from a passive lifter) can be performed in any of our bath tub models including Parker and Malibu.

\*System 2000 baths are also compatible with Calypso and Bolero bath lifters, subject to market availability.

### Alenti®

Designed for active to semi-dependent residents and patients, the Alenti® bath lift chair provides a comfortable sitting and reclining position. Alenti features a small footprint, is easy to manoeuvre and can be docked from either side of the bath tub. Alenti can also be used for additional essential hygiene tasks, such as toileting.



Designed with Albert, Barbara and Carl in mind



### Miranti®

The Miranti® powered bath lift trolley ensures a single caregiver can position a dependent resident or patient into a reclining position for a relaxed bathing experience.



Miranti is compatible with System 2000 baths with System 23 and System 25 lengths. Designed with Doris and Emma in mind



### Maxi Sky® 2

The Maxi Sky 2 ceiling lifter facilitates transfers for more dependent patients or residents. For showering and bathing, pair the ceiling lifter with a mesh sling which allows water to easily pass through the material.



Designed with Doris and Emma in mind



# System 2000 assisted bathing solutions

Our System 2000 bathing solutions are designed to enable a streamlined bathing routine that can be performed by a single caregiver, and meet the needs of patients and residents across the full spectrum of mobility levels.



System 2000 includes a range of unique bath shapes that are fully compatible with our full range of Arjo bath lifters giving you the flexibility to choose the right solution for your resident or patient. All baths are fully height adjustable, ensuring you are always able to work in a safe and comfortable position and can enjoy a positive one-to-one interaction throughout your bathing task.

All System 2000 baths offer optional Hydromassage, Hydrosound, and Sound and Vision multi-sensory features, designed to help enhance the therapeutic benefits of the bathing experience for your resident or patient.

## Rhapsody®

A unique keyhole shape with additional shoulder space designed to provide greater access to the resident's upper body and enhance their comfort when reclining in the tub.



Suitable for all mobility levels



## Primo® & Harmonie®

With the familiar shape of a traditional straight bathtub, both Primo® and Harmonie® feature wider dimensions specifically designed with the needs of larger residents in mind.



Suitable for all mobility levels



## All System 2000 baths include the following safety features:

- Numerous Anti-scalding protections including digital temperature display with easy touch control, temperature and pressure regulated mixing valves, and automatic hot water shut-off when the temperature exceeds safe levels.
- Integrated disinfectant dispensing system for convenient cleaning and disinfection of bath and transfer equipment (optional).
- Emergency lowering in case of power-off.
- Hot water flush feature to prevent bacteria growth in the pipework.

# Seated and reclining bathing solutions

With additional reclining functionality, the Arjo range of seated and reclining baths are designed to provide more able-bodied residents and patients the therapeutic benefits of bathing.



## Parker®

The Parker® is a reclining, height-adjustable sit bath with a distinctive side-door entrance designed to facilitate easy access by your resident. Designed for residents with mobility levels A through C, the side door reduces the need for an extra bath lifter. Parker is also suitable for residents with mobility level D if paired with a passive lifter.

### SIDE DOOR ENTRANCE

Facilitates easy access for transferring residents, and eliminates the need for an additional bath lifter.

### COMPATIBLE WITH ARJO TRANSFER AIDS

Integration with active and passive lifters from Arjo to facilitate smooth transfers with no manual lifting. A passive ceiling lifter should be used to transfer residents with mobility level D.

### PROMOTE WELL-BEING

Choose from Soaker Bath, Air Spa™ and Sound & Vision™ to create a calm, multi-sensory bathing experience to help your residents and patients relax.



Designed with Albert, Barbara, Carl and Doris in mind



## Malibu™ and Sovereign™

Featuring integrated transfer chairs, Malibu and Sovereign® enable you to make the therapeutic benefits of bathing available to a broad spectrum of residents while reducing bathroom transfers.

Both bathing solutions are height adjustable, allowing you to position the tub as well as your resident at your preferred working height throughout the bathing routine. The baths include an optional Air Spa feature,

which produces jets of bubbles to provide a soothing massage sensation designed to enhance the relaxing effect of the bathing experience for your resident.

Malibu and Sovereign feature a compact design that is ideal for environments where space is limited and are also compatible with the full range of Arjo transfer aids.

### COMPATIBLE WITH ARJO TRANSFER AIDS

Giving you flexibility to meet the needs of your resident and streamline transfers to and from the bath.

### FULLY HEIGHT ADJUSTABLE

To accommodate transfers as well as reach your preferred working position.

### OPTIONAL AIR SPA FEATURE

Designed to enhance the relaxing effects of bathing.



Designed with Albert, Barbara, Carl and Doris\* in mind



\* Malibu is suitable for Albert, Barbara and Carl, while Sovereign is also suitable for Doris.



# Bathing and wellness

Bathing promotes a sense of wellbeing for residents and patients: a warm bath can help ease muscles, improve skin conditions and relax the mind. The Arjo range of bathing solutions ensures residents and patients across the full spectrum of mobility can experience the therapeutic benefits of bathing.

Arjo bathing solutions incorporate a range of features and therapy options that enhance the bathing experience and assist you in creating an enjoyable as well as beneficial one-to-one interaction.

Therapeutic benefits that go beyond daily routine



## Hydromassage™\* – spa therapy

The built-in Hydromassage™ unit creates millions of small bubbles in the bath water, generating a gentle massaging effect that stimulates peripheral blood circulation and eases muscle tension for a pleasant and sensory experience. Intensity can be adjusted to the preference of your resident or patient.



## Hydrosound™\* – cleaning therapy

Hydrosound™ helps to protect the skin of your residents and patients by offering a pleasant and relaxing alternative to manual washing. Hydrosound creates sound pressure waves through the water and millions of bubbles that act as gentle "skin scrubbers", removing dirt particles without physical touch.



## Sound and Vision™\*\* – multi-sensory experience

Colourful underwater lighting and soft music enhance the power of bathing to help calm stressed or anxious residents and patients. Underwater lights at the foot of the bath can rotate between red, green, blue, pink and yellow, while a USB port allows you to play relaxing MP3 tracks to your patient or resident's personal preference.



## Air Spa™\*\*\*

Providing residents and patients with a gentle and relaxing spa sensation, Air Spa™ can be adjusted from a low level setting to a more invigorating massage sensation.

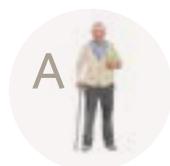
\* Available for System 2000

\*\* Available for System 2000, Parker

\*\*\* Available for Parker, Malibu, Sovereign and Freedom

Sources: Goto et al (2018), Al-Qubaeissy K et al (2013), Sung HC & Chang AM (2005), Goris DE et al (2016), Ray KD & Fitzsimmons S (2014), Lim KO, Lee DY & Shin WS (2013).

# Overview



	A	B	C	D	E
Carino		●	●		
Carendo			●	●	
Carevo					●
Alenti	●	●	●		
Miranti				●	●
Maxi Sky			●	●	●
System 2000 Rhapsody	●	●	●	●	●
System 2000 Primo	●	●	●	●	●
System 2000 Harmonie	●	●	●	●	●
Parker	●	●	●	●	
Malibu	●	●	●		
Sovereign	●	●	●	●	

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At Arjo, we are committed to improving the everyday lives of people affected by reduced mobility and age-related health challenges. With products and solutions that ensure ergonomic patient handling, personal hygiene, disinfection, diagnostics, and the effective prevention of pressure injury and venous thromboembolism, we help professionals across care environments to continually raise the standard of safe and dignified care. Everything we do, we do with people in mind.

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